



Devonshire House School

SEX AND RELATIONSHIPS EDUCATION POLICY

This policy is for the whole school including EYFS

Context

All schools must have an up to date sex and relationships education policy which is made for inspection and to parents

The policy must

- Define sex and relationships education
- Describe how sex and relationships education is provided and who is responsible for providing it
- Say how sex and relationships education is monitored and evaluated
- Include information about parents' right for withdrawal
- Be reviewed regularly

Sex and Relationship Education Guidance (DFEE 0116/2000)

Sex and relationship education is lifelong learning about physical, emotional and moral development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health. Research demonstrates that good, comprehensive sex and relationship education does not make young people more likely to become more sexually active at an early age.

Devonshire House School is a mixed ability, co educational school in London. Pupils range from 2 ½ years to 13 years of age and come from a variety of cultural, religious and ethnic backgrounds. This policy is written with the wide variety of religious and cultural backgrounds of pupils, parents and staff in mind and with the understanding that all parents have the right to withdraw their child from any or all of the sessions and that staff can request permission to be excused from delivery of subjects which they find difficult to deliver.

Moral and Values Framework

Sex and relationships education will reflect the values of the PSHEE programme.

Sex and relationships education will be taught in the context of relationships.

In addition, sex and relationships education will promote self-esteem and emotional health and well-being and help children to form and maintain worthwhile and satisfying relationships based on respect for themselves and for others, at home, school, work and in the community.

Aims and objectives for Sex and Relationships Education

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils self-esteem and confidence, especially in their relationships with others

- To help pupils understand their feelings and behaviour so that they can lead fulfilling and enjoyable lives
- To help pupils develop skills (language, decision making, choice and assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support
- To develop skills for a healthier, safer lifestyle
- To develop and use communication and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for puberty and adulthood

Appendix A is a copy of the schools' scheme of work for the delivery of Sex and Relationship Education. This shows when key information is covered and the language used.

Sex and relationships education is delivered through Science, RE, PSHEE, circle and form time. It is taught by class teachers, the science department and, if appropriate, outside visitors such as the school nurse.

A range of teaching methods which involve the children's full participation are used to teach Sex and Relationships education. These may include the use of video, discussion, looking at case studies, drama and role play. SRE is usually delivered in mixed groups however there may be occasions when single gender groups are more appropriate and relevant.

Resources are included within the PSHEE and science schemes of work.

Sex and Relation Education is monitored by the Senior Management team through the PSHEE co-ordinators and as part of the school development plan. Changes will be made as appropriate and the Policy is subject to an annual review.

Specific Information

Parental consultation

The school includes information on sex and relationship on the website and full details are available to parents on request and via the VLE.

The school informs parents when aspects of the sex and relationships education programme are being taught and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their child from those aspects of sex and relationships education and alternative work will be set.

Child Protection / Confidentiality

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

In this situation the teacher will inform the DSL in line with school procedures.

A member of staff cannot promise confidentiality if concerns exist.

Dealing with difficult questions

Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the child's needs or advice sought.

Children with special needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of sex and relationship education.

This policy will be review by PSHEE co-ordinators and SMT.	Adopted by SMT: November 2015 Reviewed: November 2016 Next review: November 2017
Signed: Headmistress	Date:

Appendix A

Overview of learning objectives and vocabulary included in SRE at DHS

YEAR	OBJECTIVES	VOCABULARY			
OTN	To understand and value what their bodies can do. To understand how members of their family and other trusted people care for and look after them.	names of people in their family names of people who look after them (mother/father)	caring	body parts	exercise terms: skip, run, hop
PRE-R	To understand and value what their bodies can do. To understand ways of looking after their body and keeping it clean.	hygiene cleanliness germs/bugs	bacteria hand gel (squig) routines	clean/dirty sneeze cough	body parts exercise terms: skip, run, hop
R	To describe their own appearance and name external body parts including using agreed names for the sexual parts. To recognise similarities and differences between the bodies of girls and boys. To understand ways in which their body has changed since they were a baby.	boy girl	differences shape	size vocabulary used at home for body parts (e.g. 'willie')	penis vagina
ALL EY	To understand ways in which they can take responsibility for looking after themselves and recognise situations where they still need to be supported by others. To recognise how growing up makes them feel.	hygiene daily routine hygiene routine order of dressing	names of different types of clothing different skills/strategies	dressing/undressing skills coordination	decision problem-solving
P1	Children will learn to identify body parts & learn how to keep clean & disease free. Children will explore the need for using medicines safely.	penis vagina male female	body responsibility feelings private	privacy trust clean germ	hygiene skills activities favourite
P2	Children will explore the human lifecycle: from babies, children to adulthood	baby adult grow	develop able	development responsible capable	help needs
P3	Children will focus on basic anatomy, gender difference & hygiene.	penis vagina testicle breast personal hygiene responsibility	dentist washing clothes shampooing hair brushing teeth combing hair	illness bacteria virus head lice immunity clean germs	physical characteristic inherit difference special beauty
U4	Identify the stages of human life-cycle Investigate perceptions of being grown-up and associated responsibility.	lifecycle adolescent baby	child middle-age old age	growing up gender roles	stereotyping responsibilities
U5	Identify and name external sexual parts of the body Describe the main changes that happen during puberty Recognise how media, family & friends influence body image Understand & respect a wide range of family arrangements.	body image peer pressure individuality self-esteem penis	testicles & testes vagina vulva scrotum breast & nipple	scrotum pubic hair menstruation erection marriage	divorce single-sex parents second marriage foster parents extended families

YEAR	OBJECTIVES	VOCABULARY			
U6	<p>Identify and name internal sexual parts of the body</p> <p>Discuss emotions associated with puberty</p> <p>Explain aspects of personal hygiene relevant to puberty</p> <p>Describe the human lifecycle including intercourse</p> <p>Describe the characteristics of a loving relationship</p>	<p>penis</p> <p>testes</p> <p>testicles</p> <p>vagina</p> <p>vulva</p> <p>scrotum</p> <p>pubic hair</p> <p>outer labia</p> <p>inner labia</p> <p>urethra</p>	<p>clitoris</p> <p>sperm duct</p> <p>anus</p> <p>prostate gland</p> <p>ovary</p> <p>fallopian tube</p> <p>uterus</p> <p>cervix</p> <p>zygote</p> <p>anxiety</p>	<p>hygiene</p> <p>deodorant</p> <p>sanitary towel</p> <p>tampon</p> <p>genitals</p> <p>responsibility</p> <p>independence</p> <p>attitude</p> <p>maturity</p> <p>puberty</p>	<p>emotions</p> <p>hormones</p> <p>love</p> <p>affection</p> <p>respect</p> <p>attraction</p> <p>trust</p> <p>behaviour</p> <p>commitment</p>
U7	<p>Understand how relationships change during adolescence.</p> <p>Understand what it means to be gay, lesbian or transgender.</p> <p>Decipher media messages regarding body image.</p> <p>Know how a baby is conceived.</p> <p>Be able to access reputable websites to access health & relationship advice.</p>	<p>friendship</p> <p>peer pressure</p> <p>sexuality</p> <p>gay</p> <p>lesbian</p> <p>bisexual</p> <p>penis</p> <p>vagina</p> <p>testicles</p>	<p>hormones</p> <p>ovulation</p> <p>media</p> <p>manipulation</p> <p>ovum</p> <p>uterus</p> <p>ejaculation</p> <p>body image</p>	<p>puberty</p> <p>physical</p> <p>emotional</p> <p>behaviour</p> <p>transgender</p> <p>homophobia</p> <p>media</p>	<p>manipulation</p> <p>menstruation</p> <p>acne</p> <p>voice breaking</p> <p>erection</p> <p>independence</p>
U8	<p>Dealing with relationship breakdown.</p> <p>Consider qualities to look for in a partner.</p> <p>Know the legal age for sex and marriage.</p> <p>Identify how hormones affect boys/girls.</p> <p>Know what safe sex is and identify infections that can be caught from engaging in unsafe sex.</p> <p>Identify sexual health services for contraception and treatment.</p>	<p>love</p> <p>attraction</p> <p>marriage</p> <p>arranged marriage</p> <p>safer sex</p> <p>abstinence</p> <p>STI</p>	<p>contraception</p> <p>pregnancy</p> <p>condom</p> <p>gonorrhoea</p> <p>herpes</p> <p>syphilis</p> <p>symptoms</p>	<p>chlamydia</p> <p>genital warts</p> <p>erections</p> <p>wet dream</p> <p>partner</p> <p>legal age</p> <p>sex</p>	<p>contraception</p> <p>consequences</p> <p>consent</p> <p>underage</p> <p>divorce</p> <p>separation</p>